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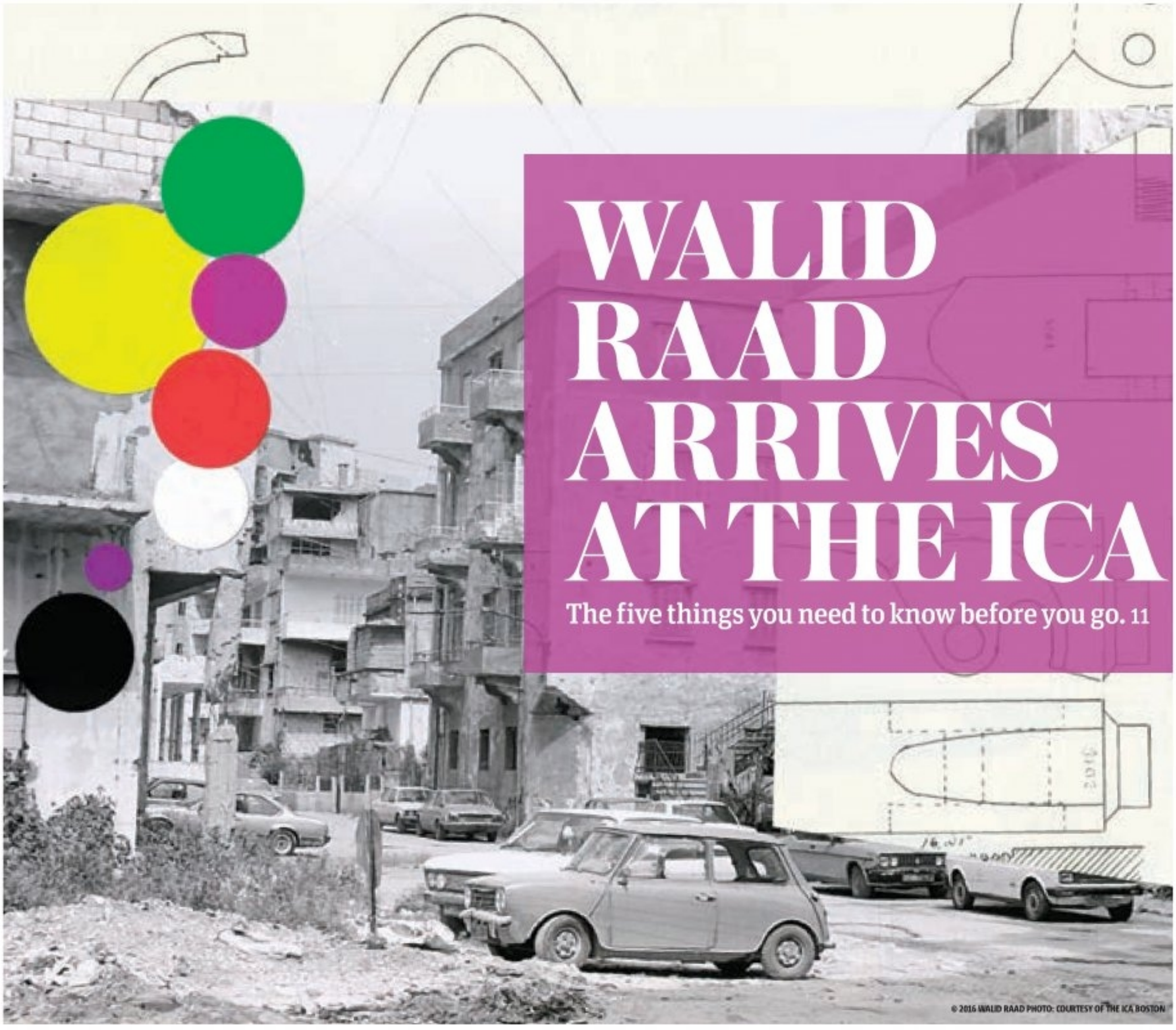
Thursday, February 25, 2016 metro.us | t: MetroBOS | f: MetroBoston

WHAT TO MESSAGE YOUR MATCH

Our dating blogger reveals her fail-proof approach. 10

Here's how to safely dispose of drugs. 4

Fantasy sports advice from Adam Levitan. 14



WALID RAAD ARRIVES AT THE ICA

The five things you need to know before you go. 11

© 2016 WALID RAAD PHOTO: COURTESY OF THE ICA BOSTON

BLATTER BAN SHORTENED

1 FIFA's appeal committee has upheld bans on Sepp Blatter and Michel Platini for ethics violations but reduced them to six years from eight. "The FIFA Appeal Committee, chaired by Larry Mussenden, has partially confirmed the decisions taken by the adjudicatory chamber of the independent Ethics Committee on 17 and 18 December 2015 regarding Joseph S. Blatter and Michel Platini respectively, whose bans have been reduced from eight to six years," it said in a statement. REUTERS

NOROVIRUS SYMPTOMS

2 At least 200 students at an Ohio public university have reported symptoms of the highly contagious norovirus. Reports of the outbreak at Miami University started last Tuesday when five students came into a school health center at the Oxford, Ohio, main campus, located about 35 miles north of Cincinnati, complaining of stomach pain, nausea, diarrhea and vomiting, university spokeswoman Carole Johnson said. Since the initial reports, a number of students have tested positive for norovirus, Johnson said. REUTERS

INSTAGRAM ADVERTISERS

3 Five months ago, Facebook Inc. began trying to transform its picture-sharing app, Instagram, into a money-making business. Since then, Instagram has attracted more than 200,000 advertisers, the company announced Wednesday, a clear sign of its potential for significantly contributing to Facebook's revenue. REUTERS

REOPENING CEREMONY

7 A number of local and state officials, past and present, attend the reopening ceremony for Charlie's Sandwich Shoppe in the South End after a brief closing. Charlie's has been a local icon in the city for generations. Former Boston Mayor Ray Flynn, center left, and former State Representative Mel King, second from left, cut the ribbon. Boston Mayor Marty Walsh, center, and Gov. Charlie baker also attended the ceremony.

MAIN PHOTO BY NICOLAUS CZARNECKI, ALL OTHER PHOTOS BY GETTY IMAGES

GIRL STRUCK AND KILLED

4 A 15-year-old girl who was struck by a car as she crossed a street in Randolph has died from her injuries, WCVB reported. Laura Rivera of East Boston was reportedly struck by a car around 8 p.m. Tuesday at the intersection of Oak and North Main streets. She was first taken to Milton Hospital and then to Boston Hospital where she died. The driver of the Chrysler that struck her did not flee the scene and spoke with police, CBS Boston reported. No charges have been pressed. MATT LEE

FATAL VIRGINIA STORMS

5 Severe weather killed at least two people in the southeastern Virginia town of Waverly on Wednesday, according to a spokesman for the Virginia Department of Game and Inland Fisheries. The two deaths were confirmed as violent thunderstorms and strong winds that killed three people on Tuesday night in Louisiana and Mississippi moved eastward into the mid-Atlantic region.

REUTERS

EVERETT CASINO ON HOLD

6 Wynn Resorts announced that it would delay the spring groundbreaking of a $1.7 billion resort casino in Everett, according to reports. The project delay includes a project-related hiring freeze and the cancelation of upcoming job fairs, Boston.com reported. The delay comes after Somerville Mayor Joseph Curtatone's appeal of an environmental permit for waterside construction projects. "All of that, due to this appeal that was put in by the city of Somerville," Wynn Everett President Robert DeSalvio said at a press conference. MORGAN ROUSSEAU

Survey ranks MBTA third best transit

MBTA train FLICKR

The survey reported that Boston commuters who ride the T have, on average, a 10-minute longer commute than those who drive.

JASON NUCKOLLS
@MetroBOS
letters@metro.us

A newly released survey ranking public transit systems has found that Boston's MBTA is the third best in the U.S.

The survey, conducted by financial information website SmartAsset, considered factors such as time differences between commuting in a car versus public transit and the number of commuters who use a city's transit system.

Boston, overall, ranked as the third-best system with 34 percent of the population relying on mass transit for their daily commute, totaling 390 million annual riders, WHDH reported on the survey.

The survey found that Boston commuters who ride the T have, on average, a 10-minute longer commute than those who drive, about the same as Washington, D.C., and San Francisco, which finished in the top two spots.

One disheartening finding that makes Boston stand out is that public transit commuters here make 13 percent less than automobile drivers, a higher figure than the other cities in the top five, which averaged a 5 percent difference, according to SmartAsset.

The survey analyzed transit systems in cities with more than 175,000 people.

34%
OF THE POPULATION RELIES ON PUBLIC TRANSIT

390M
ANNUAL RIDERS

BRIEFS

Police urge Brookline residents to stay vigilant after string of robberies

A small square mile area of Brookline has been the scene of several robberies and one attempted robbery this week, and police are urging residents to stay vigilant, WCVB reported.

All the robberies were similar in that they all took place in the evening, and the burglars used windows and backdoors to force entry into homes, police warned in a Facebook post.

All of the robberies have reportedly taken place in the vicinity of Waverly Street, Roberts Street, Greenough Circle, Highland Road (two break-ins), Davis Avenue and Sumner Road.

Brookline residents are encouraged to report anything suspicious by calling 911 or 617-730-2222. MATT LEE

Sen. Joyce won't seek reelection

A week after the FBI and IRS raided his Canton law office, Sen. Brian Joyce of Milton announced Tuesday that he would not seek reelection. The announcement came on the same day that one state representative in his district appeared to be gearing up for a campaign. Joyce has been under a cloud of suspicion following multiple reports in The Boston Globe questioning his ethics. SHNS

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DIY painkiller disposal displayed at State House

Norwood Police Chief William Brooks speaks during a news conference. NICOLAUS CZARNECKI

Campaign aimed at opioid abuse offers advice for prescription-holders.

SPENCER BUELL
@MetroBOS
spencer.buell@metro.us

Have some medication lying around that you no longer need?

Simply dump it in a plastic bag, mix it with coffee grounds and water, then throw it away.

That was the message Wednesday as law enforcement, state officials and drug-maker representatives met at the State House to tout a new program aimed at curbing an epidemic of opioid abuse by cutting down the availability of prescription pain killers.

Norwood Police Chief William Brooks, president of the Massachusetts Police Chiefs Association, demonstrated the technique in front of the building's grand staircase. He added the ingredients — using aspirin to stand in for opioids — then hoisted a baggy of brown slurry in the air.

"Nobody's gonna be digging through your trash looking for this," Brooks said.

The state is launching a new partnership with the Pharmaceutical Research and Manufacturers of America, a national trade group, called "MyOldMeds Massachusetts." It's an education campaign which, in part, puts responsibility on prescription-holders to dispose of unused pills properly, the group's leaders said.

Leftover pain killers swiped from medicine cabinets are often a stepping-stone for addicts who later switch to using heroin, health experts have said. According to the most recent statistics, opioid overdoses killed nearly 1,200 in the state last year, about four residents a day.

The plastic bag approach is a simpler, do-it-yourself alternative to bringing unused meds to drug disposal kiosks, of which there are about 150 in Massachusetts towns, mainly in police station lobbies, Brooks said.

> ***"To be honest, I was a little astonished that this is so simple and that I never thought of it myself."***
> Brooks

"To be honest, I was a little astonished that this is so simple and that I never thought of it myself," Brooks said.

In the place of coffee grounds, one might also use other undesirable granulated substances, like cat litter or sand, according to the campaign.

Putting the drugs in the trash also keeps them out of sewer systems. Many medications, when flushed, pollute waterways, Brooks said.

PhRMA, the trade group, also supports education for doctors on safe prescribing, rooting out "bad actors" in the medical community, as well as researching ways to make it more difficult to abuse opioids — manufacturing pills that when crushed turn to goop, rather than powder, for example — spokeswoman Priscilla VanderVeer told Metro.

"The nation's biopharmaceutical industry recognizes its role in this fight," Steve Ubi, the group's CEO, said in a statement.

Gov. Charlie Baker was on hand at the launch of the MyOldMeds campaign and website Wednesday. He touted the program as "one more tool" the state can use to combat the overdose problem that has hit Massachusetts especially hard over the past several years.

Baker's fiscal 2017 budget includes $1.4 million in aid for police in tracking down drug traffickers. He has also filed legislation that is currently pending, which among other measures would place new limits on the number of pills a first-time pain killer prescription-holder can receive.

The bill, he said, "if it gets to my desk, would be the most far-reaching and disruptive piece of legislation passed anywhere in the country to kick the teeth out of this opioid epidemic here in the commonwealth."

Rail link group keeps strategy meetings closed to outsiders

What an integrated rail line would look like PROVIDED

Members of a working group pushing for study on the construction of a pricey underground rail link between North and South stations met privately again this week, discussing the addition of two high-profile House members.

Following an afternoon meeting on Monday, former Rep. John Businger told the News Service that House Speaker Robert DeLeo and Ways and Means Chairman Rep. Brian Dempsey have joined the group that's looking to advance the project, in part by commissioning a $2 million study authorized in a 2014 bond bill that would examine the project's environmental impact.

DeLeo has indicated support for the project before being announced as a new member. The Winthrop Democrat was one of more than 150 representatives and senators who added their names to a letter penned by 21 lawmakers in 2012 to the Federal Railroad Administration in support of the North-South Rail Link.

Asked why media are not allowed to be present during the monthly meetings, Businger, who chaired the meeting because former Gov. Michael Dukakis was unable to attend in person, said it's a chance for members to strategize.

"It's not that we made a big decision about it. We just felt that we wanted to talk about strategy here. It's not like a typical meeting where we have great announcements to make that would be of press value, it's more like what should we do strategy-wise," he said.

Pressed further about whether the public has a right to know what's discussed during the meeting, he said, "What the public should know about is whether or not the suggestions we're making to the governor are being followed. So the public should want to know about this."

Businger said the group makes its agenda and membership available to the public, but that keeping the meetings closed to the press helps to protect a member's privacy.

"I think that's the important thing for people to know," he said. SHNS

History of the project

Former Gov. Michael Dukakis and former Gov. William Weld pitched the benefits of the North-South Rail Link to Gov. Charlie Baker last year. The project has been in the discussion phase for years, and while many in government favor it, there have been few signs of major progress.

Baker, whose administration is evaluating the overbudget Green Line Extension project, has voiced skepticism about the rail link and questioned the cost of the construction beneath the heart of downtown Boston.

Since its inception in September 2015, the working group, comprised of former and current elected officials as well as business and labor leaders, have held a regular series of private meetings in Room 428 on the fourth floor of the State House.

"This is not a nice project. It's a necessary project and that's what people have to understand. It's not 'maybe it will be a good idea.' If we don't do it, it determines the future of our state and so that years from now people will say, 'Gee we should have woken up in time, but we didn't do it.'" Businger

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Trump's surge confounds rivals, makes him betting favorite for Republicans

The billionaire swept Nevada by 22 percentage points, winning 45.9 percent of the vote.

Donald Trump inched closer to the Republican presidential nomination as his odds shot to a record high on global betting websites Wednesday and he won his first endorsement from a member of Congress.

The outspoken businessman easily won the Nevada caucuses Tuesday, giving him his third win in four early nominating contests and pressuring Republican rivals to come up with a way to stop a candidate who last year was not seen as a serious contender for the Nov. 8 presidential election.

Trump's Nevada win is likely to further frustrate Republican establishment figures who were hoping his campaign as a political outsider was stalled after he lost the opening nominating contest in Iowa to Texas Sen. Ted Cruz.

In his Nevada victory speech, the former reality TV star courted his base of blue-collar workers.

"I love the poorly educated," he said, mentioning several demographic groups among whom he said he was winning.

By Wednesday, that phrase was being widely discussed online, with some finding it funny and others arguing it a welcome, nonjudgmental embrace of a constituency

Donald Trump GETTY IMAGES

other politicians might speak of only as a problem to be fixed.

Trump's nearest rivals, Cruz and Florida Sen. Marco Rubio, have frequently attacked each other, clearing a path for Trump to the nomination.

On Wednesday, New York Rep. Chris Collins, a Republican from Trump's home state, became the first national lawmaker to endorse Trump, saying "it's time to say no to professional politicians and yes to someone who has created jobs and grown a business."

Speaking earlier Wednesday, Trump called endorsements a "waste of time" that "mean very little" in an ABC interview.

Betting venues in Britain, Ireland and New Zealand show the online wagering community coalescing around Trump, once considered an interloper, attracting long-shot odds of 200-1. Odds for Trump becoming the Republican candidate have tightened all the way to 1-2 in some cases.

Polls show Trump ahead in most Super Tuesday states, placing further pressure on Cruz and Rubio. REUTERS

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Connecticut prosecutors ask court to order Kennedy kin back to jail

Connecticut prosecutors asked the state's top court Wednesday to return Kennedy family member Michael Skakel to prison to finish the 20-year sentence imposed after a court found him guilty in 2002 of a murder four decades ago.

Skakel, the nephew of Ethel Kennedy, widow of slain Sen. Robert F. Kennedy, has been free on a $1.2 million bond since 2013. He had served 11 years in prison for fatally beating Martha Moxley, his neighbor in Greenwich, Connecticut, with a golf club when both were 15 years old.

Skakel, now 55, was convicted in 2002 and sentenced to 20 years in prison. An appeals court overturned his conviction in 2013 after he argued that his trial lawyer did a poor job.

Michael Skakel GETTY IMAGES

The Connecticut Supreme Court heard the state's appeal of that decision on Wednesday.

"This was far from a slipshod defense. This was a well-planned, well-thought-out defense," said Susann Gill, a supervisory assistant state's attorney.

During the trial, prosecutors presented evidence from three people who knew Skakel and said that he had admitted to the killing, Gill said. Skakel's attorneys questioned the reliability of these witnesses, noting that two had been fellow patients at a controversial and violent drug-treatment facility Skakel had been sent to in the late 1970s.

"It has always mystified me that there was a myth that has come up that this was a weak case," Gill said. "It was not."

Skakel's current attorney, Hubert Santos, argued that his client's original lead attorney squandered resources during the trial and was more focused on winning fame than his client's freedom. He contended Skakel's trial defense team should have presented evidence of other suspects in the case, including Skakel's brother, Thomas, who was never charged. REUTERS

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Kesha's squad of supporters grows

While Kesha may have lost her court battle to break her contract with Sony and alleged rapist Dr. Luke, she has gained a number of famous friends. The latest to speak out on Kesha's behalf include "Law & Order: SVU" star Mariska Hargitay, who tweeted, "For many survivors, speaking out is the hardest part. It's also only the first step. Sending you strength, Kesha, as you move through this."

Producer Jack Antonoff offered to work with her behind Sony's back, though making that offer via Twitter might not have been the brightest idea: "Hey Kesha, don't know what the legal specifics are, but if you want to make something together and then leak it for everyone, I'm around."

But it was Antonoff's girlfriend, Lena Dunham, who lent the lengthiest support, penning in her newsletter, "What's happening to Kesha highlights the way that the American legal system continues to hurt women by failing to protect them from the men they identify as their abusers. These women deserve better."

ALL PHOTOS GETTY IMAGES

the word

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Bad news for Gladys Knight's Chicken and Waffles restaurant

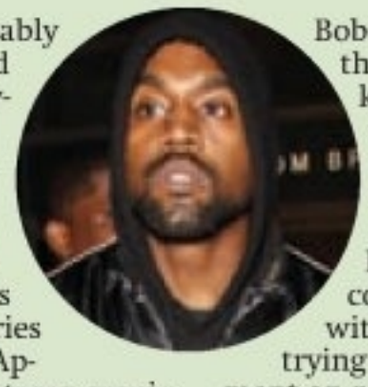
Singer Gladys Knight is facing something of a headache, as one Atlanta location of her Gladys Knight's Chicken and Waffles restaurant chain has failed a health inspection, scoring an unimpressive 56 out of 100. Last April the same location scored a 94.

So what's the health department taking issue with, specifically? Oh, just some problems like a cooler with a missing door and some issues with proper hand-washing. Just that. The location is due for another inspection within 10 days to see if addressed the issues are resolved, but this can't be pleasant for Knight.

Why Chrissy Teigen chose to have a girl

As Chrissy Teigen revealed back in December, she and husband John Legend are awaiting the arrival of a baby girl. But it turns out, she reveals now, that the gender of their first child was totally intentional. "I've made this decision," Teigen tells People magazine. "Not only am I having a girl, but I picked the girl from her little embryo. I picked her and was like, 'Let's put in the girl.' I think I was most excited and allured by the fact that John would be the best father to a little girl. That excited me. It excited me to see ... just the thought of seeing him with a little girl. I think he deserves a little girl. I think he deserves that bond."

Kanye's new game is entertaining Twitter rants



You'll probably have a hard time believing this, but Kanye West is upset and letting his frustrations out in a series of tweets. Apparently veteran music producer Bob Ezrin had the gall to publish a review of "The Life of Pablo" that didn't appropriately dub it the most important work of art in history. "Has anybody ever heard of Bob Ezrin? What the f— does he know about rap?" West tweeted. "I'm tired of old people that have no connection with anything trying to comment on music." Hey, he at least offered to help out Ezrin's kids by sending "them free Yeezys to make up for the embarrassment that you have caused your family." How big of him.

@ChloeGMoretz
Wanting to buy some art work.. Anyone have any ideas on new interesting artists? Or new photographers I can get some great prints?

@AZEALIABANKS
I can count on one hand the amount of times I remember being hugged by my mom as a child. Yikes

@lenadunham
The guy at the bodega on my block thinks I'm the star of 2 Broke Girls and I'm not correcting him

@4everBrandy
Change the way you look at things and the things you look at change!

@jes_chastain
The President & Senate should perform its Constitutional duty. Americans deserve to have a fully functioning Supreme Court.

John Boyega and Daisy Ridley weren't stars before "Star Wars: The Force Awakens." Hollywood should take more chances on newbies who aren't white men. LUCASFILM

Hollywood's diversity problem is official

JENNA BUSCH

Geek Girl in Hollywood

Jenna Busch takes on the way pop culture snubs its female fans. For more columns, visit metro.us/jenna-busch as well as her site, Legion of Leia (www.legionofleia.com)

There's been a lot of talk about the lack of diversity in Hollywood recently. Even before the #OscarSoWhite campaign, there were movements from within Hollywood to look at how women are being hired and paid.

A new report by the Media, Diversity & Social Change Initiative at the University of Southern California revealed some pretty dismal statistics. In the 109 films and 305 TV and digital series released in 2014, only 28 percent of speaking characters were people of color. One third of the speaking characters were female and 2 percent were LGBTQ, while 15 percent of directors and 29 percent of writers were women. This doesn't exactly reflect the population, does it?

Why is this happening? Studios can claim there aren't enough actors of color, etc., who command enough clout to get a movie funded all they want, but it's still not OK. Frankly, maybe it's time to take a risk on new actors. (I'm not even going to begin the argument that the actors are already out there, because that should be obvious. They are.) John Boyega and Daisy Ridley weren't exactly well-known before "Star Wars: The Force Awakens." Maybe you've heard of them now?

Do we really have to wait until all the old studio heads or directors retire before we see something change? Like when director Ridley Scott, talking about his biblical epic "Exodus: Gods and Kings," said, "I can't mount a film of this budget, where I have to rely on tax rebates in Spain, and say that my lead actor is Mohammad so-and-so from such-and-such. I'm just not going to get it financed." Why are we still seeing Rooney Mara cast as a Native American character in "Pan"?

As much as I've heard people complain that this campaign is just another kind of political correctness and how things will just "work themselves out," no one is suggesting any other solution. Hollywood hasn't been able — or willing — to self-correct, and the only thing that will change this is talking about it. Tweet. Post. Write old-fashioned letters to the studio. Tell them you want to see yourself represented.

Hey, it worked with Hasbro when we told them we wanted Rey in Star Wars Monopoly. It only took 24 hours of talking about it to make them change their tune. Maybe we can do it on an even bigger scale, too.

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Why you should never say 'hey' to an online dating match

LAURIE DAVIS

Single and Swiping

Laurie Davis is the founder of eFlirt, an online dating concierge service, and the best-selling author of "Love @ First Click: The Ultimate Guide to Online Dating."

The equation to messaging success: connect + ask. ISTOCK

Last week, I took a peek at the messages my client was getting on Tinder, and they looked something like this: "Hey." "Hi." "Hello beautiful." "Oh hello there."

I'm sure you know what this looks like because these are probably the same types of messages you're receiving — and sending.

But here's the thing: Saying "hey" doesn't work — at all. The dating app Hinge tested 100 opening lines and found that "hey" increases people's response rates ... exactly zero.

People feel indifferent about "hey," which means it doesn't inspire a response. And when getting offline for a date is the goal, a response is a must so you can eventually meet. You can swipe right all you want, but if no one is replying to your messages, dating apps won't change your dating life.

So how do you stand out from the other "hellos" and snag more date nights? At eFlirt, we find that what works best for our clients on apps is a simple equation: Connect + ask.

Connect over something you have in common.
Since many people don't write bios on dating apps (though you absolutely should, so people can more easily connect with you), look for indicators in your matches' photos. What do you have in common? Start there and pick something conversation-worthy.

"When you mimic offline life in your digital dating life, you get closer to connecting face-to-face."

Ask a question so it's easy to respond.
Without a question, you're not really beginning a conversation. A statement doesn't require an action, so it's much less likely your match will act with a reply.

So next time your match posts a pic of herself running, try, "Did my first half this year. How many finish lines have you crossed?"

Or if he has a photo of himself at a sushi restaurant, go with, "Dynamite roll or spicy tuna?"

When you connect and ask, it's similar to real-life conversation. At a bar, you might ask a cutie, "What are you drinking?" Your point of connection and question may be more casual bar-side, but it's a similar approach. When you mimic offline life in your digital dating life, you get closer to connecting face-to-face.

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5 Things to know about the ICA's new Walid Raad exhibit

Get art smart.

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A solo show by Lebanese artist Walid Raad debuts at the Institute of Contemporary Art in Fan Pier today. The feature is broken into two parts: "The Atlas Group" and "Scratching on Things I Could Disavow."

ICA Boston's curator Eva Respini describes the latter, which focuses on art in the Arab world, as posing questions about the construction of history, one inextricably tied to art. This includes questions of who gets to tell history, who has the authority to tell it and how it is told.

For select "Walk-through" performances, Raad (live, in-person!) takes on the persona of investigator as he recounts his journey of creating the pieces. However, if you're going to the ICA while he isn't there, here are five things you should know before seeing it.

1 It starts with Raad's invitation to the Artist Pension Trust (APT), which is an institute that offers select artists a contract to create 20 works of art in 20 years. APT also owns the largest global collection of contemporary art and Raad discovered that it works in association with MutualArt. Upon further research, he found that Moti Shniberg, APT's chairman and co-founder, had ties to Israel. This collection looks at the relationship between art, politics and war, and how art has changed over time.

2 Art is linked to politics and war. Raad, who was born in Lebanon, focuses much of his work on Lebanon and Arab countries. "The Atlas Group" documents Lebanon's history, including its two wars. He theorizes that if war can affect people physically and psychologically, then it can affect color, lines, shapes and forms similarly.

3 Raad imagines the future of art. Midway through the exhibit, there is a turn to an almost fantastical imagination of art's future. The misspelled names of future artists are scrawled across a wall. Raad claims he received them telepathically and the misspellings were a result of extraneous "noise." He believes this was intentional, a way for artists to tell him something about art in the future.

4 Saadiyat Island is becoming an arts center in Abu Dhabi. On the island of Saadiyat, which translates to "The Island of Happiness," there are a number of plans to build monumental museums. Frank Gehry is designing the largest Guggenheim museum in the world and a branch of the Louvre is in development.

5 With the building boom of museums, Raad predicts new reactions to art. A sculpture of doors opening to a new museum rests along one wall. A man resists entrance, claiming he would hit a wall if he were to continue. The police arrest him and newspaper headlines read, "Demented Man Disturbs Opening — Claims World is Flat." Raad predicts this to occur sometime between 2014 and 2024.

Chefs Tiffani Faison and Jamie Bissonnette at a previous event. MELISSA OSTROW

Eat Your Heart Out returning for another delicious dance party

Eat Your Heart Out is back on Sunday for its sixth iteration of Boston-area chefs dishing out rock-inspired small bites for local arts and culinary philanthropies. Ticket sales for this year's event at the Sinclair benefit Future Chefs and Girls Rock Band Campaign, and Boston's own Bad Rabbits will headline.

Previous year's menu items have included the likes of "Rock Lobster" tacos by James Beard-winning owner of Island Creek Oyster Bar, Jeremy Sewall, and "Dark Side of the Foie" duck confit cavatelli from The Sinclair Kitchen's executive chef Keenan Langlois.

This year's roster includes the likes of Blackbird Donuts' Tara Bresnick, Tavern Road's Louis DiBiccari and Puritan & Co.'s Will Gilson — so we asked some of the participants to tell us what they like to rock out to while heating up their kitchens.

If you go

Eat Your Heart Out
Feb. 28 at 5 p.m. for VIP, 6 p.m. general admission
The Sinclair
52 Church St., Cambridge
617-547-5200
$50 for general admission, $75 for VIP,
eatyourheartoutboston.com

Tiffani Faison, Sweetcheeks/Tiger Mama

Beyonce — "Formation"
Big Pun — "You Ain't No Killer"
Lil Wayne — "Right Above It"

Michael Scelfo, Alden & Harlow

A Tribe Called Quest — "Electric Relaxation"
Frank Ocean — "Swim Good"
The Rolling Stones — "Waiting on a Friend"

Keenan Langlois, The Sinclair

AC/DC — "Thunderstruck"
Taylor Swift — "Shake It Off"
Leo Sawyer — "You Make Me Feel Like Dancing"

Suzi Maitland, Trina's Starlite Lounge

Led Zeppelin — "Houses of the Holy"
Alabama Shakes — "Don't Wanna Fight"
Geto Boys — "Damn It Feels Good to be a Gangsta"

Tim Cushman, Hojoko

Jimi Hendrix — "Voodoo Child"
Shonen Knife — "Green Tea"
Fungi Girls — "Some Easy Magic"

RACHEL RACZKA

Listings

MUSIC

Sunflower Bean

Saturday, 7 p.m.
Middle East Downstairs
472 Mass. Ave., Cambridge
$10-$12, 18+, 866-777-8932
www.ticketweb.com
This New York band mixes two popular strains in contemporary indie rock: post-punk and psychedelia. It's an intriguingly contradictory fusion, dreamy and shimmering, but taught with anxious punk energy. The passionate vocals of bassist Julia Cumming and guitarist Nick Kivlen's Cure-like guitar lines are standout elements.

BOOKS

Mona Awad

Tuesday, 7 p.m.
Brookline Booksmith
279 Harvard St., Brookline
Free, thestore@brooklinebooksmith.com
www.brooklinebooksmith.com
This novelist will read from her debut novel, "13 Ways of Looking at a Fat Girl." Rather than providing a fully linear narrative, Awad takes us through 13 vignettes about key points in the life of her main character, exploring the (preposterous) demands of body image in today's culture.

THEATER

"Sweeney Todd"

Thursday, 7:30 p.m.
Berklee Performance Center
136 Mass. Ave., Boston
$12-$17, 617-747-2261
www.berklee.edu/events/sweeney-todd-musical-theatre-club?ss=204996
Berklee students perform this acclaimed Stephen Sondheim bloodbath, which has changed many a theatergoer's feelings about pie. It's a great example of Sondheim's ability to create musicals that deconstruct the genre even as they become classics in their own right. The story, however, dates back to mid-19th-century London. Legends that Todd was a real person are, thankfully, unsubstantiated.

ART

"Continental Divide: Wildlife, People, and the Border Wall"

Through March 17
Boston University School of Theology
745 Comm. Ave., Boston
Free, kjackman@bu.edu
If the U.S.-Mexico border wall is discussed, it's usually about the human cost and the politics of immigration, but this series of photos by Krista Schlyer explores the wall's less-discussed environmental impact, and, more broadly, the environmental impact of all human-made structures. It's a reminder that "the issues" debated by the left and right are rarely the only issues.

COMEDY

T: an MBTA Musical

Fridays through May 20
ImprovBoston
40 Prospect St., Cambridge
$25, 617-576-1253
www.improvboston.com
Ah, the T: It's noisy and old but we love it—at least when it's functioning. You're probably reading this on the T right now, and it's probably stopped inexplicably somewhere. If and when you make it out alive, check out this musical comedy from the minds of ImprovBoston, winner of 2011's Best New Musical on BroadwayWorld.com. You'll find it highly relatable.

GETTY IMAGES

MUSIC

Will Dailey

Thursday, 7 p.m. to 9 p.m.
Isabella Stewart Gardner Museum
25 Evans Way, Boston
$12-$27, 617-278 5156
www.gardnermuseum.org
The Isabella Stewart Gardner Museum has hosted classical concerts since the days when its founder still resided there, but it's only recently that they began to feature pop artists in the RISE series, performing in the unique, cubic Calderwood Hall. This week it's singer-songwriter Will Dailey, who'd snagged a Boston Music Award in his genre a whopping five times. Kara Hesse opens.

MOVIES

"The Three-Sided Mirror/The Fall of the House of Usher"

Friday, 7 p.m.
Harvard Film Archive
24 Quincy St., Cambridge
$7-$9, 617-495-4700
hcl.harvard.edu/hfa
The Harvard Film Archives presents these silent films by Jean Epstein, his two most famous works, with live accompaniment by Martin Marks. Silent films are often characterized by frenetic-looking movements, but in 1928's "The Fall of the House of Usher," Epstein used slow motion to eerie effect. The shorter "Three-Sided Mirror" from 1927 expresses a surprisingly progressive gender consciousness.

DANCE

"Searching for Signal"

Through March 4
The Oberon
2 Arrow St., Cambridge
$10-$35, 617-547-8300
www.americanrepertory-theater.org
Because it forces an audience to reflect on their own bodies, dance seems like an ideal medium to discuss the weird disembodiment of Internet life. This piece from Touch Performance Art, creators of the AcousticaElectronica show at Oberon, does just that, exploring the modern split between digital and flesh-and-blood selves through a romance told in dialogue, dance and video.

MATTHEW DINARO

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Aggrenox 200/25mg	200	$124.99	Onglyza 5mg	84	$294.99
Entocort 3mg	100	$114.99	Aciphex 20mg	100	$74.99
Propecia 1mg	100	$69.99			
Januvia 100mg	84	$214.99			
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3 Things to do in Jamaica this winter

Why you should visit one of the Caribbean's most appealing and accessible locales.

Fodor's Travel

For even more reasons to visit Jamaica and tips on what to do there, go to Fodors.com ISTOCK

From Montego Bay and Ocho Rios to Negril, scores of new and newly-renovated hotels opened their doors in Jamaica in 2015 and are on the docket for 2016 and beyond. Tourism is booming, but despite the crowds at the island's most popular locales, authentic experiences still await visitors. Here are three reasons to visit Jamaica now.

Glistening Waters Luminous Lagoon

Even if you've already witnessed water aglow with the phenomenon of bioluminescence, we're willing to bet you've never seen the effect quite as intensely as in this bay near Falmouth. Tours happen after dark, when a five-minute boat trip from an old-school marina delivers you into a different world entirely. The presence of tiny marine organisms called dinoflagellates in the water cause any movements made by you, a boat's motor or passing fish to produce an electric shade of lime green. And when you jump off the boat for a swim in the shallow water, you and your friends will light up like Tinkerbell.

Insider's Tip: The unassuming little restaurant at the marina serves excellent seafood prepared to traditional Jamaican recipes. Whole fish with brown sauce is particularly tasty.

Tasting Tours

Native son Alrick Allen makes it his mission to introduce intrepid visitors to the true taste of Jamaica during private tours to some of the more local eating establishments around Montego Bay. He might take you to a Rasta cook shop to try vegetarian specialties like ackee and callaloo, or bring you to a Jamaican patty shop to sample the favorite local fast food. There are stops at local fruit stands to try pineapple, mango or whatever else happens to be in season. And a highlight comes when you greet local fishermen on the beach as they bring in the day's catch — then head to a nearby restaurant for a seafood feast.

Insider's Tip: For more excellent seafood that's not on Alrick's tour, set your sights on an ocean-front meal at Far Out Fish Hut, near Falmouth on the North Coast Highway (no website). Start with some fish soup or grilled conch, then point to the lobster of your liking for a king's grilled meal at a pauper's price.

Rockhouse Hotel

This beautiful hotel on the cliffs in Negril's west end is a perennial contender for the Caribbean's best boutique property. And now there's even more incentive to settle in for a stay — or at least a spa treatment — at Rockhouse. The Holistic Bath House that opened in 2015 in the hotel's award-winning spa is perhaps the most sublime setting in all of the West Indies for an open-air tub soak. Island herbs and spices are employed in the treatments — turmeric as an anti-inflammatory agent, for example, and Jamaican mint in a green energy blend. And you'll soak alone or with a partner (there are two deep soaking tubs) in the privacy of a beautiful wooden villa that's open to the Caribbean breezes.

Insider's Tip: The Rockhouse has several restaurants on-site, but ask the concierge to book you a taxi to visit Just Natural, a hideaway vegetarian and seafood restaurant set amongst illuminated gardens at night.

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FANTASY SPORTS: A LOOK AT PLAYERS TO TARGET DOWN THE STRETCH OF NBA SEASON

ADAM LEVITAN

FANTASY SPORTS

Adam Levitan is a Fantasy Sports columnist for Metro US. He is also a DraftKings analyst and co-host of The Daily Fantasy Football Edge podcast. @AdamLevitan

Expect the Suns' Alex Len to put up big numbers in the final two months of the NBA regular season. NBAE/GETTY IMAGES

If you slept through this year's NBA trade deadline, you didn't miss much.

The snoozefest included a fistful of minor deals as teams stood pat in anticipation of the upcoming steep salary cap jump. Still, we quietly had significant fantasy value changes in a few spots.

Through the Lens

The Markieff Morris trade left the Suns with roughly zero established NBA scorers. That's great news for highly talented Alex Len, the No. 5 overall pick in the 2013 draft. A true 7-footer with excellent scoring ability, Len is locked into a very high usage rate when he's on the floor. And he'll be there often, both in twin-tower sets with washed up Tyson Chandler and in some minutes at the vacated power forward spot. Len's career per-36 averages of 11.0 rebounds and 2.1 blocks show his ceiling.

Without 'Bias

The rising stardom of Aaron Gordon was starting to throw shade on Tobias Harris in Orlando. So the trade is a blessing for the 23-year-old Harris, who is now part of the Pistons' core. He'll benefit from Stan Van Gundy's consistently tight rotation in which the starters push well over 30 minutes on a nightly basis. Harris will be getting closer to 40 minutes in the short-term with Stanley Johnson (shoulder) and Anthony Tolliver (knee) both sidelined.

Con-man rises

Mike Conley is the kind of player that annually slips under the radar in both real life and fantasy circles. He won't be able to do that anymore. Not only is Marc Gasol (foot) out for the season, but wings Courtney Lee and Jeff Green were both traded at the deadline. It leaves a lot of the scoring and playmaking on the very capable shoulders of Conley, who is averaging just 31.7 minutes on the year but will now be asked to play around 35.

NBA pickups of the week

1. Mirza Teletovic, F, Suns: A pure shooter and instant offense off the bench. His role is secure now that Markieff Morris is gone.
2. Al Jefferson, C, Hornets: This solid veteran will sustain top-100 fantasy value, even in a 25-minute bench role.
3. Shelvin Mack, G, Jazz: It took less than a week for Mack to seize the starting point guard job from inept Raul Neto.

NFL news

Heath Miller, one of the great "dad runners" of our time, has decided to retire at age 33. It creates a significant hole in one of the league's truly elite offenses, as Miller caught 126 passes over the last two seasons for the Steelers. The in-house candidate to fill the role is "the Outlaw" Jesse James, a 2015 fifth-round pick out of Penn State. James has elite leaping ability at 6-foot-7, 261 pounds, making him a sneaky red-zone threat next season even if the Steelers add a tight end in free agency.

Blount may return to Patriots

There is mutual interest between free agent running back LeGarrette Blount and the Patriots in regards to a new contract, according to the Boston Herald. Blount is far from the sexiest name on the free agent running back market, however, as Matt Forte heads the list. GETTY IMAGES

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Please contact Victoria Nguyen for more information at 617-971-5312 or VickyNguyen@hsl.harvard.edu.

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LEGAL NOTICES

COMMONWEALTH OF MASSACHUSETTS
(SEAL) LAND COURT 16 SM 000649
DEPARTMENT OF THE TRIAL COURT

ORDER OF NOTICE

TO:
Robert F. Johnson
and to all persons entitled to the benefit of the Servicemembers Civil Relief Act:, 50 U.S.C. App. §501 et seq.:

Metro Credit Union f/k/a Massachusetts State Employees Credit Union claiming to have an interest in a Mortgage covering real property in **Boston (Jamaica Plain),** numbered **3 Dunning Way Unit 102 Building F, Arborway Gardens Condominiums** given by **Robert F. Johnson to Massachusetts State Employees Credit Union, dated July 21, 2005,** and recorded with the **Suffolk County Registry of Deeds** in Book **37599,** Page **268**, and now held by Plaintiff as successor by merger, has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at Three Pemberton Square, Boston, MA 02108 on or before March 21, 2016 or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of this Court on February 5, 2016
Attest:

Deborah J. Patterson
Recorder (OM 15-016850)

2/25/16

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Herman Miles: 617-532-0105
herman.miles@metro.us

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Olga Yeliseyeva to Mortgage Electronic Registration Systems, Inc., dated April 25, 2006 and recorded with the Suffolk County Registry of Deeds at Book 40052, Page 1, of which mortgage the undersigned is the present holder by assignment from Mortgage Electronic Registration Systems, Inc. to The Bank of New York Mellon fka The Bank of New York, as Trustee for the Certificate holders of CWABS Inc., Asset-Backed Certificates, Series 2006-8 dated August 25, 2011 and recorded with said registry on September 13, 2011 at Book 48377 Page 288, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction at 10:00 a.m. on March 18, 2016, on the mortgaged premises located at 176 Hyde Park Avenue a/k/a 178 Hyde Park Avenue, Unit 178-1, Hyde Park Place Condominium, Jamaica Plain (Boston), Suffolk County, Massachusetts, all and singular the premises described in said mortgage,

TO WIT:
The Unit known as Unit 178-1 (the "Unit") of Hyde Park Place Condominium, a Condominium situated at 176-178 Hyde Park Avenue, Jamaica Plain (Boston), Suffolk County, Massachusetts, a condominium established pursuant to Massachusetts General Laws, Chapter 183A by Master Deed dated April 13, 2006 and recorded with the Suffolk County Registry of Deeds in Book 39391, Page 169 ("Master Deed"), which Unit is shown on the floor plans of the Building filed simultaneously with said Master Deed to which is affixed a verified statement of a registered architect in the form required by Section 9 of said Chapter 183A.

Said Unit is conveyed together with an undivided 12.83% percent interest in the common areas and facilities of the Property described in said Master Deed ("Common Elements") attributable to the Unit and in Hyde Park Place Condominium Trust (the "Condominium Trust") which is recorded with said Deeds in Book 39391, Page 183

The Unit is to be used only for residential purposes and for no other purposes, except as may be permitted by the Condominium Trustees in accordance with the provisions of the Condominium Trust.

The GRANTEE acquires the Unit with the benefit of, and subject to the provisions of M.G.L. c. 183A relating to the condominiums, as that statute is written as of the date hereof, the Master Deed and the Condominium Trust referred to above and any By-Laws and Rules and Regulations from time to time adopted thereunder, building and zoning laws of the City of Boston; and all matters of record stated or referred to in the Master Deed as completely as if each were set forth herein; and subject to real estate taxes attributable to the UNIT which are not yet due and payable.

Post Office Address of the Unit; 178 Hyde Park Avenue, Unit 178-1, Jamaica Plain, MA.

For mortgagor's(s') title see deed recorded with Suffolk County Registry of Deeds in Book 40051, Page 336.

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:
A deposit of Five Thousand ($5,000.00) Dollars by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at Harmon Law Offices, P.C., 150 California Street, Newton, Massachusetts 02458, or by mail to P.O. Box 610389, Newton Highlands, Massachusetts 02461-0389, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

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FOR THE CERTIFICATE HOLDERS OF CWABS
INC., ASSET-BACKED CERTIFICATES,
SERIES 2006-8
Present holder of said mortgage

By its Attorneys,
HARMON LAW OFFICES, P.C.
150 CALIFORNIA STREET NEWTON, MA 02458
(617) 558-0500
201410-0403 - TEA

February 25, 2016, March 3, 2016, March 10, 2016

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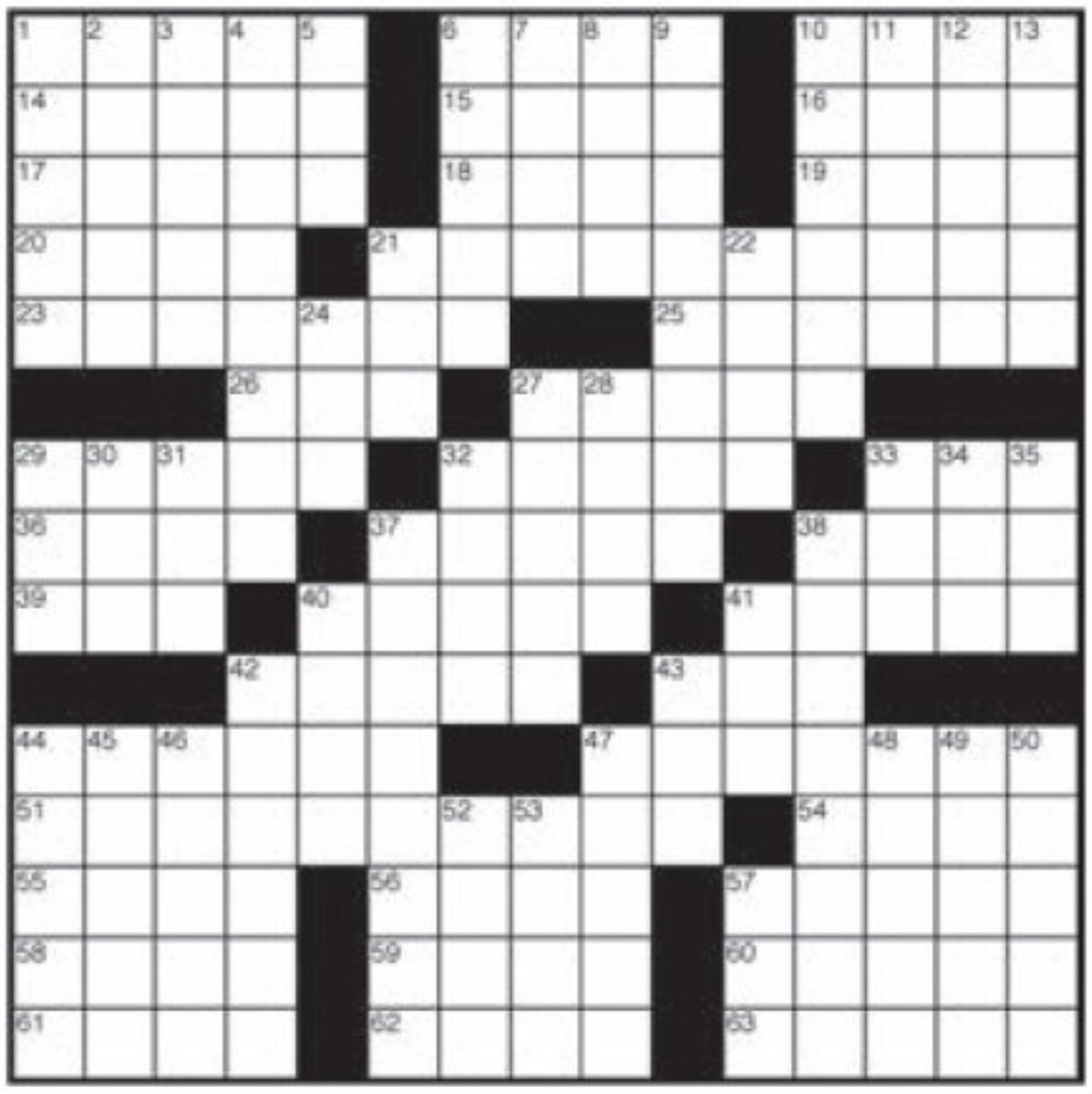

Across

1 Warming drink
6 — 1 (speed of sound)
10 Iffy attempt
14 Sky blue
15 Melville novel
16 Actual
17 Unusual sighting
18 Weaver's device
19 Pro —
20 Cartridge fillers
21 Bonnie and Clyde, e.g.
23 Consumer lures
25 Least experienced
26 Forenoon hrs.
27 Outlet inserts
29 Safe experts?
32 Ghostly noises
33 Unseal, to Blake
36 Wheel connector
37 Suppose
38 Swanky
39 Meadow plaint
40 1040 and W-2
41 Pith helmets
42 Searches for
43 Aloha token
44 Farming majors
47 Banquets
51 Worked for oneself
54 Trolley
55 Antarctic sea
56 Polite bark
57 Toulouse-Lautrec
58 Give the boot
59 Boorish
60 Movie mermaid
61 Ancient colonnade
62 Belgian river
63 It flows past Grenoble

Down

1 Implied
2 Endangered layer
3 Slavic folk song
4 Lipizzaner's routine
5 Up till now
6 Double agents
7 Major — Hoople
8 Hen hangout
9 Four-baggers (2 wds.)
10 Fast-food freebies
11 Barter
12 Jam ingredients
13 Beauty's swain
21 AMA members
22 Tatters
24 911 responder
27 Sonnets and odes
28 Highland girl
29 Edible root
30 Outer, in combos
31 Day- — paint
32 Gloom
33 Dinny's rider
34 Air-pump meas.
35 Codgers' queries
37 Gets fouled up (2 wds.)
38 Helpful hints
40 Intuit
41 Decade number
42 Nap
43 Kitchen topper
44 Bushy hairdos
45 Crack filler
46 Fresco base
47 Shelve
48 Comedian -- Kovacs
49 Harder to find
50 Look pleasant
52 We, in Le Havre
53 Secret message
57 "Bali —"

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easy

			1		2	3	9	
3			6		9	1		
6		9						2
8	3	7					5	
				2				
	9					8	6	4
7						9		5
		2	5		7			3
	6	5	2		8			

hard

					4		2	6
	7			1		5	9	3
								4
			2		5	9	4	7
	4						8	
9	5	2	4		7			
8								
4	9	1		6			3	
3	2		9					

metro.us/horoscopes

Aries Taking on too much will spark your emotions and cause you to lose focus. You need to prioritize in order to overcome any feelings of incompetence.

Taurus Listen attentively. You have more to gain from being a spectator than a participant. Learn, summarize and prepare to bring about changes that will help you advance.

Gemini Your success rate will climb if you put your best foot forward and stay true to your beliefs and abilities. Putting forth your best effort will lead to victory.

Cancer Make interesting changes to your home. Emotional issues will arise, but if you are sensitive to other people's suggestions, you will end up satisfying everyone's needs.

Leo Make a commitment to someone you cherish in order to bring about positive change. Sharing your plans will allow you to do something special.

Virgo Refuse to be tempted by a sales pitch or an investment that sounds too good to be true. Limit your spending, and focus more on creating a stable domestic situation.

Libra Love, romance, friendship and relaxation should take top priority. Share your feelings and make personal improvements to your lifestyle.

Scorpio Explore new possibilities and consider how you can make a difference to a cause you believe in. Your input and hands-on help will lead to greater acknowledgment.

Sagittarius Emotional reactions will flare up, along with questionable information that can cause problems between you and a friend or family member. Say little without the facts.

Capricorn Don't try to change others when you should be concentrating on making personal improvements that will help you get ahead. Hone your skills.

Aquarius You'll see things clearly and get the inside scoop. Your insight and imagination will enable you to successfully carry out an ambitious project. Romance is featured.

Pisces Look for a unique way to impress someone you want to get to know better. A kind gesture will speak volumes about the nature of your feelings. EUGENIA LAST

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